

HARRIETSTOWN HOUSING AUTHORITY

14 KIWASSA ROAD STE 1
SARANAC LAKE, NEW YORK 12983-2373



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LAKE FLOWER APARTMENTS ALGONQUIN APARTMENTS SECTION 8 RENTAL ASSISTANCE

STOP THE SPREAD:

- ✓ Wash your hands often in hot soap and water for at least 20 seconds.
- ✓ Avoid touching your eyes, nose, mouth
- ✓ Avoid physical contact, e.g., hugs and handshakes
- ✓ Abstain from unnecessary travel
- ✓ Stay home
- ✓ Only go out for essential services
- ✓ Wear a facemask
- ✓ Stay six feet or more away from others
- ✓ Don't gather in groups

SYMPTOMS:

- ✓ Fever
- ✓ Cough
- ✓ Shortness of breath

REMEMBER:

- ✓ Some have the virus but never develop symptoms
- ✓ Act as if you have it!

YOU ARE ENCOURAGED TO NOTIFY US IF YOU ARE ILL AND, ESPECIALLY, IF YOU ARE DIRECTED TO ISOLATE OR QUARANTINE.

IF YOU FEEL SICK:

- ✓ Stay home
- ✓ Separate yourself from other people and animals in your home
- ✓ Wear a facemask
- ✓ Cover coughs and sneezes
- ✓ Avoid sharing personal household items
- ✓ Clean your hands often
- ✓ Clean all frequently touched surfaces every day
- ✓ Monitor your symptoms

IF CONDITION WORSENS:

- ✓ Call your health care provider for further instruction
- ✓ Hospital beds are being reserved for most severe cases

NOTIFY HEALTH CARE PROVIDER IMMEDIATELY:

- ✓ Trouble breathing
- ✓ Persistent pain or pressure in chest
- ✓ New confusion or inability to arouse
- ✓ Bluish lips or face

NEED SOME HELP?

INFORMATION

- ✓ COVID-19 hotline @ 518-897-2462
- ✓ County Public Health @ 518-481-1111

TEMPORARY ASSISTANCE: FINANCIAL AID/UNMET need

- ✓ DSS @ 518-481-1894 or 518-481-1806

MENTAL HEALTH/EMOTIONAL SUPPORT

- ✓ 518-521-5818
- ✓ In crisis? Call 518-891-5535 or 518-483-3261

FOOD

- ✓ Meals on Wheels (anyone 60 or older)
 - Call 518-481-1526
- ✓ Interfaith Food Pantry (30 Bloomingdale Ave)
 - Wednesdays 10AM-11AM
 - Saturdays 10AM-12noon
- ✓ Methodist Church Grocery Delivery (for seniors and most vulnerable). To register: 518-891-3473
 - Order by phone on Monday
 - Delivery arrives on Tuesday
- ✓ Methodist Church Community Suppers - Wednesdays
 - Delivery only
 - Call 518-891-3473 before 4pm
 - Leave name / # of meals needed
- ✓ Community Lunchbox – St. Luke's Parish Hall, Main St.
 - Mondays and Thursdays 11AM-12noon
 - Takeout only

PRESCRIPTIONS

- ✓ Kinney's @ 518-891-3132 – free delivery