



Happy Healthy Attitudes

September 2025
Volume 25, Issue 9

PATRICK'S NEWS

Dear Residents,

As summer winds down and we step into September, I wanted to share a couple reminders and a few updates.

- **Cooler Weather Prep:** Please keep windows closed on chilly nights to avoid moisture build-up and higher heating costs.
- **Lake Flower Apartments Plumbing Project** – Work continues on preparing the next steps for this critical renovation. Your patience and cooperation during assessments are greatly appreciated.
- **Shared Spaces:** A reminder that our common areas—patios, laundry rooms, and lobbies—belong to everyone. Please respect your neighbors by keeping them clean and welcoming. There is no smoking of marijuana allowed on housing authority property including the parking lot we lease next to the Lake Flower Apts.
- **Resident Services Committee:** This group is always open to hearing your ideas for activities, events, or ways to strengthen our community support network. Reach out if you'd like to join or share suggestions!

Gratitude Corner: Thank you to all residents and board members who pitched in during summer improvements. A special shout-out to those who helped maintain gardens and shared outdoor areas—we all benefit from your care.



Fall Ice Cream Social

When: Wednesday, September 17 at 2:30 PM

Where: Lake Flower Community Room

Who: All are welcome!

Come build community over a sweet treat—meet neighbors, say hi to staff, and enjoy a cool afternoon together.

Best,
Patrick

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HHA BOARD OF COMMISSIONERS

Rich Loeber (Chair)
Johnna MacDougall (Vice)
Carrie Bradley
James Edmonds
Rachel Karp
Theresa Landry
David Michael

FROM THE MAINTENANCE DIRECTOR: ERIK SCHUE

It's hard to believe summer is already winding down!

The evenings are getting cooler, the leaves are just starting to change, and before long we'll all be trading in shorts for sweaters.

Around here, we're getting things ready for the season ahead, but fall is also a great time to slow down and enjoy the little things—like crisp air, cozy nights, and maybe even a mug of hot cider.

If you notice anything around your place that needs a hand, don't hesitate to reach out. We're all in this together, and we want everyone to feel comfortable as we head into the new season.

SUBMITTING WORK ORDERS

No work will be performed without a proper work order request

Call system 518 891 3050, Ext. 106 or Option 3
Email or Text request to hhaworkorder@gmail.com

LEAVE DETAILED MESSAGE, THAT INCLUDES:

◇Name and apartment #

◇Phone number/text-able cell phone number or email address for communication and scheduling

◇Description of problem – attach photo if possible

◇Are any pets in the apartment?

◇Time slot preferred for work to be completed

◇9:00am to 11:00 am, or

◇1:00 pm to 3:00 pm

Requests deemed emergency are not subject to 24-hour prior notice to enter apartments

IRENE'S THOUGHTS

WHAT ACTIVITIES WOULD YOU LIKE TO SEE SCHEDULED?

With the weather changing, we should start thinking of some activities to have in the community room.

What activities would you attend?
Would you pay to attend an exercise/ yoga class?

There is a suggestion box near the elevators on the first floor. Leave suggestions for activities you feel you realistically and others would attend.



INTERESTED IN HOUSING ASSISTANCE?

If you are not currently living in the Lake Flower high rise or Algonquin Apartments, and you are not currently participating in the Housing Choice Voucher program, don't be shy!

If you are interested in assistance, you should start the process of determining your eligibility. You can go onto our website to print out an application and either drop it off at the office or in the mail. you can also call us and have us mail you an application or stop by to pick up an application. See contact information on last page.

You must be at least 18 years old, and a United States citizen or a non-citizen who has eligible immigration status. Single persons are eligible, as well as households with or without children. HUD commonly refers to a household as a "family," so don't let that term confuse you. A "family" consists of one or more persons, and having children is not required to be considered a "family."

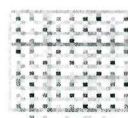


SEPTEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		 2:00 pm Birthday Social	3		5	6
7	8	9	10		12	13
14	15	16	17 <small>HHA Board Meeting 4pm</small>	18	19	20
	22	23	24	25	26	27
	29	30		<div><div>RED: ALGONQUIN COMMUNITY ROOM</div><div>PURPLE: L.F. COMMUNITY ROOM</div><div>GREEN: L.F. BOARD ROOM</div></div>		

SUDOKU

2				1	4		
7				9			
	3			5	6		2
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						6	5



RESIDENT NEWS AND ISSUES...By Tammy Burdt

Fall has arrived! Feel that colder air? Days are getting shorter! The leaves will start changing soon, too. Children are headed back to school and college. I do not know if that means things will slow down or if it will become more frenzied! Fall sports can make life hectic. The Adirondacks provide absolutely beautiful scenery in the fall. Get out and enjoy. Pumpkin and Apple flavor everything should be reappearing soon as they do every fall. Hot Apple Cider anyone!! Pumpkin Spice Latte!! Cannot forget the donuts!! Even if we do not have a Dunkin' anymore.

The Harrietstown Housing Authority will be closed on Monday, September 1st in observance of Labor Day.

The following are observances for the month of September: Labor Day 1st (Office Closed), National Wildlife Day 4th, National Grandparent's Day 7th, Full Moon (Harvest) 7th, Patriot Day 11th, National Voter Registration Day 16th, Constitution Day 17th, National POW/MIA Recognition Day 19th, First Day of Autumn 22nd, Rosh Hashanah 22nd – 24th, and National Coffee Day 29th.

Lake Flower News: The newly formed Tenants Services Committee continues to make some improvements around the Lake Flower Apartments. Their latest mission has been the community room and going through the numerous books that have accumulated over the years. Many were donated to the Tri-Lakes Humane Society. Lake Flower Apartments had zero tenants move-out, and one tenant move-in during the month of August.

Algonquin News: The Housing Authority is looking into some up and coming renovations to the laundry room facility. Maintenance continues to make ready vacant units. Algonquin Apartments had zero tenant families move-out, and one tenant family move-in during the month of August.

Reminder: Lake Flower Apartments and the Algonquin Apartments are non-smoking facilities. Smoking **of any kind** is not allowed in apartments, in yards, or anywhere on the property. This is a violation of the terms of the lease agreement.

Remember, be respectful and kind to others! We are all in this together!

Bed Bug Information

Where should you look?

- Mattress (piping, sides, underside)
- Box spring (remove ticking)
- Bed frame
- Linens
- Furniture – seams, pleats, piping, joints
- Corners and drawers of desks, dressers, etc.
- Door, window, and baseboard trim
- Items on the floor

What should you look for?

- All life stages: eggs, nymphs, adults
- Skin casts
- Blood spots

How do you avoid them?

Carefully inspect all used furniture, linens, and clothing before bringing them into your home.

- Wash and dry clothes on hottest setting items can stand. Transport clothes in plastic bags. Do not put clean clothes in bags used to transport dirty clothes. Throw those away!

- Vacuum frequently.

- Remove clutter.

If possible, use a high powered flashlight when looking around your unit. If you find a bed bug, notify staff immediately. Staff and you will work together to prepare for any needed treatment. Don't delay. It's much easier to treat one or two than it is twenty or thirty. Again, successful eradication requires resident involvement and cooperation.

The sooner we know, the lower the cost to you.

If a tenant declines any regularly scheduled inspections and/or preventive treatments, the tenant is responsible for the full cost of any treatment of any subsequent infestation that occurs in the next six calendar months.

Our Mission

The mission of the Harrietstown Housing Authority is to provide public housing and tenant-based assistance program residents with clean, safe and affordable housing in a non-discriminatory manner.

The Harrietstown Housing Authority is committed to operating in an efficient, fiscally prudent, ethical and professional manner.

The HHA will encourage and monitor partnerships with appropriate community agencies in order to improve the quality of the resident's lives.

Our Staff

EXECUTIVE DIRECTOR

Patrick Murphy

HOUSING ASSISTANT

Tammy Burdt

HOUSING CHOICE VOUCHER SPECIALIST RESIDENT SERVICES COORDINATOR

Irene Snyder

MAINTENANCE DIRECTOR

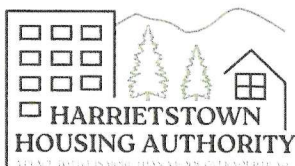
Erik Schue

MAINTENANCE STAFF

John Burns
Jeremy Charland

ACCOUNT CLERK

Kathy Scriver



14 Kiwassa Road
Suite 1
Saranac Lake, NY 12983

Phone: 518-891-3050
Fax: 518-891-3630
www.harrietstownha.org

HHA Office Hours

9:00 a.m.-1:00 p.m.

Get the Newsletter Via E-Mail!

We encourage those with access to e-mail to sign up for e-mail delivery of the monthly newsletter. To sign up, send a quick e-mail to kscriver@harrietstownha.org.

The newsletter is also available on the website:
www.harrietstownha.org

After Hours
Emergency Call Number
(518) 619-0720

SEPTEMBER 2025

Franklin County Meals Program at SARANAC LAKE ADULT CENTER 136 Broadway, Saranac Lake, NY 12983 518-891-2980

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day! Center is Closed	2 Chef's Choice	3 Chicken Pot Pie Diced Carrots Tropical Fruit Bake <i>Milk/Milk Alt.</i>	4 Sweet Sausage w/ onions, peppers, sauce Herbed Sweet Potatoes/Green Beans Lemon Pudding <i>Cheese Cubes</i>	5 Swedish Meatballs over mashed Broccoli Strawberry Banana Crisp <i>Milk/Milk Alt.</i>
8 Glazed Drumsticks Rice Chef's Vegetable Ice Cream <i>Milk/Milk Alt.</i>	9 Philly Cheesesteak M/O/P Potato Wedges Beets Peach Fluff <i>Milk/Milk Alt.</i>	10 Spaghetti w/ Meat Sauce Garlic Biscuit Apple Bake Tossed Salad <i>Milk/Milk Alt.</i>	11 Amish Breakfast Casserole Chef's Vegetable Muffin Fruited Jello <i>Milk/Milk Alt.</i>	12 Meatball Sub Peas & Carrots Warmed Brownie Chips <i>Milk/Milk Alt.</i>
15 Michigans French Fries Mixed Veg Mousse <i>Milk/Milk Alt.</i>	16 Chicken Enchiladas Rice Spinach Homemade Cookie <i>Milk/Milk Alt.</i>	17 Open Roast Beef Sandwich/ Mashed Potatoes/ Gravy Fresh Carrots Ice Cream <i>Milk/Milk Alt.</i>	18 Pizza Muffins Green Beans Banana Choco-Chip Bread Pudding <i>Milk/Milk Alt.</i>	19 BBQ Cowboy Beans Rice Bahama Blend Oatmeal Raisin Bar <i>Milk/Milk Alt.</i>
22 Chicken Parm. Herbed Potatoes Beets Chocolate- Banana Cake <i>Milk/Milk Alt.</i>	23 BBQ Pork Sandwich Sweet Potato Wedge Broccoli w/ Cheese Pineapple <i>Cheese Stick</i>	24 Spaghetti w/ Meat Sauce Garlic Biscuit Peaches w/cinnamon Tossed Salad <i>Milk/Milk Alt.</i>	25 NYS Fair Chicken Rice Brussel Sprouts Peanut Butter Bar <i>Cheese Cubes</i>	26 Chef's Choice
29 Vegetable Lasagna Chef's Vegetable S'mores Bake <i>Milk/Milk Alt.</i>	30 Canadian Slaw Dog Poutine Cauliflower Watermelon <i>Cheese Stick</i>			

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

Reservations requested in advance, but NO LATER than 10 a.m. the day of attendance. Suggested donation is \$2.00 per meal for persons over 60. No senior will be denied services due to an inability or unwillingness to contribute. The charge is \$6.75 per meal for persons under 60. Be aware of your right to voluntarily contribute if your income is at or above the 185% Federal Poverty Level. Services provided in whole or by part, by US Department of Health & Human Services, Administration on Aging, New York State Office for the Aging, and Franklin County. Nutritional analysis is available upon request. Allergen information for menu items is available. Ask an employee for details.

Certified by: AFH MS RD

